

The People's Mass

4 February 2024
5th SUNDAY IN ORDINARY TIME / B

anyone who follows me
will have the light of life.
Alleluia!

GOSPEL (Mk 1:29-39)
The Lord be with you. And with your spirit.

A reading from the holy Gospel according to Mark. Glory to you, O Lord. On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, "Everybody is looking for you." He answered, "Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came." And he went all through Galilee, preaching in their synagogues and casting out devils. The Gospel of the Lord. Praise to you, Lord Jesus Christ.

Profession of Faith (Nicene Creed)
I believe in one God, / the Father almighty, / maker of heaven and earth, / of all things visible and invisible. / I believe in one Lord Jesus Christ, / the Only Begotten Son of God, / born of the Father before all ages. / God from God, Light from Light, / true God from true God, / begotten, not made, consubstantial with the Father; / through him all things were made. / For us men and for our salvation / he came down from heaven, /

and by the Holy Spirit was incarnate of the Virgin Mary, / and became man. / For our sake he was crucified under Pontius Pilate, / he suffered death and was buried, / and rose again on the third day / in accordance with the Scriptures. / He ascended into heaven / and is seated at the right hand of the Father. / He will

come again in glory / to judge the living and the dead / and his kingdom will have no end. / I believe in the Holy Spirit, the Lord, the giver of life, / who proceeds from the Father and the Son, / who with the Father and the Son is adored and glorified, / who has spoken through the prophets. / I believe in one, holy, catholic and apostolic Church. / I confess one Baptism for the forgiveness of sins / and I look forward to the resurrection of the dead / and the life of the world to come. Amen.

The priest introduces the Prayer of the Faithful.

THE LITURGY OF THE EUCHARIST

Pray, brethren (brothers and sisters), ...
May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy Church.

Eucharistic Prayer
The Lord be with you. And with your spirit. Lift up your hearts. We lift them up to the Lord. Let us give thanks to the Lord our God. It is right and just.

Sanctus
Holy, Holy, Holy Lord God of hosts. ...
After the Consecration
The mystery of faith.

We proclaim your Death, O Lord, and profess your Resurrection until you come again.

THE COMMUNION RITE

At the Saviour's command ...
Our Father, who art in heaven, ...
Deliver us, Lord, we pray, from every evil, ...
For the kingdom, ...
Lord Jesus Christ, ...
Amen.

The peace of the Lord be with you always. And with your spirit.

Lamb of God, you take away the sins ...
Behold the Lamb of God, ...
Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Communion Antiphon (Cf. Ps 106:8-9)
Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

THE INTRODUCTORY RITES

Entrance Antiphon (Ps 94:6-7)
O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

In the name of the Father, ... Amen.
The grace of our Lord ... And with your spirit.

Penitential Act
Brethren (brothers and sisters), ...
A brief pause for silence follows.

I confess to almighty God / and to you, my brothers and sisters, / that I have greatly sinned, / in my thoughts and in my words, / in what I have done and in what I have failed to do, /

And, striking their breast, they say:
through my fault, through my fault, / through my most grievous fault; / therefore I ask blessed Mary ever-Virgin, / all the Angels and Saints, / and you, my brothers and sisters, / to pray for me to the Lord our God.

May almighty God have mercy on us, ... Amen.
Lord, have mercy. Lord, have mercy. Christ, have mercy. Christ, have mercy. Lord, have mercy. Lord, have mercy.

Gloria
Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father, / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, have mercy on us; / you take away the sins of the world, receive our prayer; / you are seated at the right hand of the Father, have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. Amen.

THE LITURGY OF THE WORD

FIRST READING (Job 7:1-4,6-7)
A reading from the book of Job.

Job began to speak:
Is not man's life on earth nothing more than pressed service,
his time no better than hired drudgery?
Like the slave, sighing for the shade,
or the workman with no thought but his wages,

months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days

have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy. The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM (Ps 146:1-6)
Praise the Lord who heals the broken-hearted.

1. Praise the Lord for he is good; sing to our God for he is loving; to him our praise is due. **℟**
2. The Lord builds up Jerusalem and brings back Israel's exiles, he heals the broken-hearted, he binds up all their wounds. He fixes the number of the stars; he calls each one by its name. **℟**
3. Our Lord is great and almighty; his wisdom can never be measured. The Lord raises the lowly; he humbles the wicked to the dust. **℟**

SECOND READING (1 Cor 9:16-19,22-23)
A reading from the first letter of St Paul to the Corinthians.

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessing. The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION (Jn 8:12)
Alleluia, alleluia!
I am the light of the world, says the Lord,
(cont'd on back page)

PARISH NEWSLETTER

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Email: croomchurch@eircom.net
Croom and Banogue Parish Website: <https://www.croomparish.com/>
Diocesan Web Page: www.limerickdiocese.org
Link for Live Church Services:
Website: <https://www.croomparish.com/>
Croom Parish - ChurchCamLive.ie
Banogue Parish - ChurchCamLive.ie
Last Sundays Offertory Collection: Banogue €300
Croom €1,200

Recent Death

Please pray for the happy repose of the souls of Noreen Mullane, Elm Park, Croom and Michael (Mick) Storan, Morenane, Croom. May they Rest in Peace.



St Brigid's Day February 1st

St. Brigid is one of the Patron Saints of Ireland. She was a remarkable woman who set up many convents and monasteries in Ireland and Scotland and was renowned for her life of hospitality and care for those in need. The St. Brigid's Cross is in honour of St Brigid and is woven from rushes and is used to protect homes from fire and evil.

St Brigid's Blessing

May St Brigid bless the house where within we dwell. Bless every fireside every wall and door. Bless every hearth that heats beneath its roof. Bless every hand that toils to bring its joy. Bless every foot that walks through the doors. May Brigid bless the house that shelters us. Amen.



Limerick Youth Pilgrimage

The Diocesan Lourdes Pilgrimage (Thursday 20th to Tuesday 25th June 2024) is back in its full capacity for 2024, bringing a full team of workers and assisted pilgrims. If you know someone who would like to travel as part of our assisted pilgrim section, please let us know. Further information available from Limerick Diocesan Office 061 350000. 6 nights/ 7 days, 19th to 25th June 2024 ages 16+, Vatican Astoria Hotel full board, All Flights and Travel Costs included €865.

Prayer for the Sick to St John of God Feast Day 6th February

Patron Saint of Hospitals the Sick and Nurses

Good St John,

Lover of those who suffer and special Patron of the Sick, how patiently you bore the sufferings of your own disease.

Teach me to carry with cheerful resignation the cross that God has given me. Let me never complain or lose courage.

Help me to understand that suffering is a very important means of sanctifying my soul of atoning my many sins and of reaping a plentiful harvest of merit for heaven.

I trust in your great love for the sick and in the power of your intercession to help them.

Help me, good St. John and beg the God whose name you bear to touch me as he touched the sick while on earth, that through his almighty power health may return to my body.

And as you derived strength in your own sufferings from the crucifix, so may I be able to say what you did to Jesus Crucified:

'Lord, thy thorns are my roses and Thy sufferings my paradise.'